



Would you like a Befriender?

Befrienders spend a few hours a week with a person with an autism spectrum disorder aged 0 - 18 years. We take time to match the volunteer befrienders with people they may have something in common with.

A befriender might; be an extra pair of hands on a shopping trip, accompany a teenager to an activity or outing, take a child to the park or offer the family a break by spending time with a child in the home.

We recruit and train volunteer befrienders to support people with an autism spectrum disorder.

To find out more about the NAS Befriending scheme run in partnership with Croydon Council Aiming High please contact our Befriending Manager Christine Sellick on 020 8662 4664 or email christine.sellick@nas.org.uk